

# PALM AND PAWN HOTEL

## OLYMPIC DISTANCE TRIATHLON

10Km Run - 40Km Cycle - 5Km Run  
Apex Park, Lake Albert, Wagga Wagga  
Sunday 28th November 2004

### CATEGORIES

A: Under 9M

F: 13 - 15F

K: 25 - 29M

P: 35 - 39F

U: 50 - 54M

TM: Male Team

B: Under 9F

G: 16 - 19M

L: 25 - 29F

Q: 40 - 44M

V: 50+ F

TF: Female Team

C: 10 - 12M

H: 16 - 19F

M: 30 - 34M

R: 40 - 44F

W: 55 - 59M

TX: Mixed Team

D: 10 - 12F

I: 20 - 24M

N: 30 - 34F

S: 45 - 49M

X: 60+ M

E: 13 - 15M

J: 20 - 24F

O: 35 - 39M

T: 45 - 49F

### Individual Results

Pos.	Surname	Given	CATEGORY		RUN		BIKE		RUN		OVERALL	
			Cat.	Pos	Time	Pos	Time	Pos	Time	Pos	TIME	POS
1	Hanckel	Geoff	M3		0:36:25	1	1:02:01	1	0:20:08	1	1:58:34	1
2	Bruce	Andrew	O3		0:39:30	3	1:04:43	2	0:20:28	2	2:04:41	2
3	Forbes	Jamin	M2		0:39:20	2	1:09:23	4	0:21:57	4	2:10:40	3
4	Gavel	Steve	Q1		0:41:53	8	1:13:22	6	0:22:54	5	2:18:09	4
5	Devries	Greg	O1		0:45:25	15	1:08:22	3	0:24:59	9	2:18:46	5
6	Lang	Rob	K1		0:41:32	6	1:15:00	7	0:23:14	6	2:19:46	6
7	Ewen-Crawford	Craig	M5		0:42:06	9	1:16:06	9	0:23:51	7	2:22:03	7
8	McMullen	Shane	Q3		0:41:34	7	1:17:04	11	0:24:59	10	2:23:37	8
9	Thaus	Peter	M1		0:45:29	16	1:11:43	5	0:26:40	13	2:23:52	9
10	Casaurina	Ben	O4		0:45:03	14	1:15:42	8	0:25:46	11	2:26:31	10
11	Medlin	Stephen	K2		0:43:32	10	1:19:19	15	0:24:16	8	2:27:07	11
12	Hamilton	Adrian	M4		0:44:05	11	1:19:17	14	0:26:59	14	2:30:21	12
13	Hanckel	Kate	L3		0:47:21	19	1:17:01	10	0:26:31	12	2:30:53	13
14	Delaney	Andrew	O2		0:44:54	13	1:17:51	12	0:29:07	17	2:31:52	14
15	Watt	Blue	S2		0:41:29	5	1:20:14	17	0:30:09	20	2:31:52	15
16	Ashley	Peter	G2		0:40:40	4	1:30:33	29	0:21:09	3	2:32:22	16
17	Lowe	Kevin	U2		0:47:44	21	1:20:38	19	0:27:50	15	2:36:12	17
18	Wilson	Mark	I1		0:46:29	17	1:20:33	18	0:29:42	19	2:36:44	18
19	Coller	Paula	N1		0:47:40	20	1:18:36	13	0:33:24	25	2:39:40	19
20	Ecke	Volker	X1		0:50:24	25	1:19:19	16	0:30:20	21	2:40:03	20
21	Thomson	Chris	K3		0:49:19	23	1:22:08	20	0:32:22	24	2:43:49	21
22	Mavroudis	Danielle	L4		0:46:31	18	1:29:54	28	0:29:25	18	2:45:50	22
23	Blair	Niall	K4		0:51:42	26	1:22:48	21	0:31:24	23	2:45:54	23
24	Onus	Nicole	L2		0:48:15	22	1:29:49	27	0:28:52	16	2:46:56	24
25	Lollback	Glen	S1		0:50:23	24	1:23:29	22	0:35:47	27	2:49:39	25
26	Harper	Rebecca	L1		0:51:42	27	1:28:18	24	0:30:43	22	2:50:43	26
27	Madge	Del	P1		0:54:22	31	1:28:34	25	0:35:41	26	2:58:37	27
28	Vagg	Chris	G1		0:54:38	32	1:25:24	23	0:39:17	29	2:59:19	28
29	Bugden	Greg	U1		0:53:30	29	1:29:25	26	0:39:32	30	3:02:27	29
30	Quinn	Petrina	T1		1:02:36	34	1:33:12	30	0:38:58	28	3:14:46	30
31	Reynolds	Sarah	L5		0:57:55	33	1:42:55	31	0:46:18	31	3:27:08	31
	Taylor	Garry	Q2		0:44:19	12	DNF					
	Commins	Michael	O5		0:52:30	28	DNF					
	Makenham	Des	M6		0:54:01	30	DNF					

### Team Results

Young and the Old	TM1	0:38:19	1	1:02:55	1	0:19:58	1	2:01:12	1
Flips	TM6	0:46:15	3	1:13:31	4	0:22:46	2	2:22:32	2
T.O.B.'s	TM5	0:45:48	2	1:13:58	5	0:23:01	3	2:22:47	3
Team Freddy	TM3	0:56:55	7	1:05:51	2	0:23:52	4	2:26:38	4
Optometrists	TM7	0:47:43	4	1:24:39	6	0:23:54	5	2:36:16	5
Wilson Family	TM2	0:50:45	5	1:32:39	7	0:25:54	6	2:49:18	7
Blank	TX1	0:54:08	6	1:11:36	3	0:32:09	7	2:37:53	6